

24th October 2025
Centro Paolo VI, Brescia

Symposium: *Inflammation and Depression:* *From Molecular Mechanisms to Clinical Findings*



14:00 – 14:15

Welcome and opening remarks

14:15 – 14:45

Inflammation and Depression: State of Art

Prof. Livia De Picker - University Psychiatric Hospital Campus Duffel, Belgium – University of Antwerp, Belgium

14:45 – 15:15

Inflammation-Driven Neuropsychiatric Comorbidity:

Immunometabolic Mechanisms and Therapeutic Implications

Prof. Lucile Capuron - INRAE, Bordeaux INP, NutriNeuro, Université de Bordeaux, Bordeaux, France

15:15 – 15:35

Depression, Inflammation and treatment response

Prof. Annamaria Cattaneo - Biological Psychiatry Unit, IRCCS Istituto Centro San Giovanni di Dio Fatebenefratelli, Brescia, Italy - Department of Pharmacological and Biomolecular Sciences University of Milan, Italy

15:35 – 15:55

Common Mechanisms in the Neurobiology of Post-COVID Conditions and Mood Disorders

Prof. Francesco Benedetti - Vita-Salute San Raffaele University, Milano, Italy - Neurosciences Division, IRCCS Hospital San Raffaele, Milan, Italy

15:55 – 16:15

Treatment Outcome in TRD: The Role of Inflammatory Biomarkers

Prof. Stefano Barlati - Department of Clinical and Experimental Sciences, University of Brescia, Brescia, Italy

16:15 – 16:45

Coffee break and poster blitz

16:45 – 17:15

The Multifaceted Role of Stress in the Etiology of Mental Disorders

Prof. Marco Andrea Riva - Department of Pharmacological and Biomolecular Sciences, University of Milan, Italy - Italian Stress Network



17:15 – 17:45

Oxidative Stress and Depression: A New Therapeutic Axis Emerging from the study of prenatal exposure to high fat diets - Prof. Francesca

Cirulli - Center for Behavioral Sciences and Mental Health Istituto Superiore di Sanità, Rome, Italy

17:45 – 18:00

Conclusions

 Via Gezio Calini, 30, 25121 Brescia BS
 Registration and abstract submission for the poster blitz can be sent here: no later than **20/10/2025**.



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